

# Bayou Total Trainer Owners Manual

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replies but then I happened to see some posts on a similar forum for Total Trainer. Looking at Vigor Fit, Total Trainer Confused ... Bayou's Total Trainer machines are a great cost-saving alternative to the Total Gym, which can cost upwards of \$1000 to purchase. The DLX-III model is still far less expensive than the Total Gym XLS and it does come with a few updated features over its precursor: the Bayou Fitness Total Trainer 4000-XL. I recently reviewed the Total Trainer 4000-XL in another post. Bayou Fitness Total Trainer DLX-III Home Gym Review A product like the Bayou Fitness Total Trainer Home Gym - with this price tag - has to be built to last and with one review being written after 10 years of use, it seems that this is a reliable machine. Some users attribute this benefit to little details like the use of rope over plastic coated cables, which wear down more easily. ... Bayou Fitness Total Trainer Home Gym Review Bayou Fitness Total Trainer 4000-XL Home Gym Introducing the Bayou Total Trainer 4000-XL with its striking patriotic red, white and blue logo on the cushion. The 4000-XL has a 385 pound user capacity with 11 levels of resistance. Unlike anything before, the new Super Tuff Roller System (TPU-90-AE) delivers an exceptionally smooth ride that is ... Amazon.com : Bayou Fitness Total Trainer 4000-XL Home Gym ... Exploring the bayous and marshlands of southern Louisiana, crabbing from the shore, camping on the beach, duck hunting, bass fishing - these are the outdoor experiences upon which Bayou Classic was founded - and at the end of the day, it was always about cooking. Bayou Classic® - TheBayou.Com See some of the basic workouts from the advanced women's workout on the Total Trainer

Home Gym from Bayou Fitness Advanced Women's Workout on the Total Trainer from Bayou ... Product Manuals The following Thera-Band® product manuals, including exercise instructions, are available online. If you would like a printed copy, please call Thera-Band Customer Service at (800) 321-2135. Product Manuals | Thera-Band Academy <http://www.bayoufitness.com/Total-Trainer/Total-Trainer-Home-Gyms.htm> Check out one of the most versatile and compact home gyms available today. The Bayou Fi... Bayou Fitness Total Trainer Home Gym - YouTube Bayou Fitness Total Trainer DLX-III Home Gym Review. Posted: (4 days ago) The Bayou Fitness Total Trainer DLX-III is a bodyweight-based exerciser featuring 11 weight resistance levels, ranging between 4% and 69% of your bodyweight. It comes with many accessories that will help diversify your workouts, including a free weight bar which can be attached to the gliding board in order to load with ... Bayou Fitness Parts - Listed Good Sites | Fitness 2019 I bought the bayou total trainer a month ago , after 3 days the Bearings came out of one of the wheels I called the customer service and they promptly sent me 4 new ones after a day or two another one did the same thing , for the most part it is a sturdy piece of equipment but I'll have to give it time to see , I'll write another review after 3 months Amazon.com: Customer reviews: Bayou Fitness Total Trainer ... The Total Trainer home gyms are built by Bayou Fitness. According to their mission statement, their goal is on "selling quality products at wholesale pricing," as well as good customer service. They have a few model options for Total Trainer home gyms, including a Total Trainer Pilates reformer.

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